

FULL CREAM MILK

PRODUCT SPECIFICATION



Product Description

Aspac Full Cream Milk contains all the nutritional goodness that you would expect from any high quality dairy product. It is a rich source of essential daily nutrients including:

- Calcium: needed for strong healthy teeth and bones
- Phosphorus: A vital part of the body's cells
- Potassium: needed for nerve function, muscle control and blood pressure control
- Riboflavin: releases energy from food
- Vitamin A: for vision and maintaining the immune system
- Vitamin B12: for new cell formation and growth
- Magnesium: an important mineral in bone mineralisation and nerve impulses
- Carbohydrate: Lactose is the main carbohydrate in milk – it is an important source of energy
- Protein: crucial for the formation, repair, and maintenance of body tissues
- Zinc: good for the immune system and healthy growth.

Packaging

Aspac Full Cream Milk is available in 200mL, 250mL (single serve), 1 Litre (family size) Aseptic cartons and pouches as well as bulk 5, 10, 25 Litre containers.

Product Information

KGF556 Full Cream Milk 200mL

KGF557 Full Cream Milk 250mL

KGF558 Full Cream Milk 1 Litre

KGF552 Full Cream Milk - Bulk 25 Litres

Nutrition Information

Total capacity as specified on the Aseptic container. Store in a dry, cool place. Shelf life 9 months. Halal certified.

3.3% Fat Content.

Based on a serving size of 200 mL	Units	Average Quantity per 200 mL	per 100 mL
Energy	kJ	520	260
Calories	Cal	124	62
Fat - Total	g	6.6	3.3
Saturated Fat	g	4.0	2.0
Trans Fatty Acid	g	0.3	0.2
Cholesterol	mg	15.8	7.9
Sodium	mg	86	43
Calcium	mg	230	115
Total Carbohydrates	g	9.8	4.9
Dietary Fibre	g	0.0	0.0
Sugars	g	9.8	4.9
Protein	g	6.4	3.2
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fibre		25g	30g
Calories per gram	Fat 9	Carbs 4	Protein 4

Ingredients

Full Cream Milk.