



Product Description

Aspac Trim Milk contains all the nutritional goodness that you would expect from any high quality dairy product. It is a rich source of essential daily nutrients including:

- Calcium: needed for strong healthy teeth and bones
- Phosphorus: A vital part of the body's cells
- Potassium: needed for nerve function, muscle control and blood pressure control
- Riboflavin: releases energy from food
- Vitamin A: for vision and maintaining the immune system
- Vitamin B12: for new cell formation and growth
- Magnesium: an important mineral in bone mineralisation and nerve impulses
- Carbohydrate: Lactose is the main carbohydrate in milk – it is an important source of energy
- Protein: crucial for the formation, repair, and maintenance of body tissues
- Zinc: good for the immune system and healthy growth.

Packaging

Aspac Trim Milk is available in 200mL, 250mL (single serve), 1 Litre (family size) Aseptic cartons and pouches as well as bulk 5, 10, 25 Litre containers.

Product Information

KGF562 Trim Milk 200mL

KGF563 Trim Milk 250mL

KGF564 Trim Milk 1 Litre

KGF554 Trim Milk 25 Litres - bulk

Nutrition Information

Shelf life 9 months. Store in a dry, cool place. Halal certified. **0.15% Fat Content.**

| Based on a serving size of 200 mL | Units | Average Quantity per 200 mL | per 100 mL |
|-----------------------------------|-----------|-----------------------------|------------|
| Energy | kJ | 374 | 187 |
| Calories | Cal | 87 | 45 |
| Fat - Total | g | 0.3 | 0.15 |
| Saturated Fat | g | 0.2 | 0.1 |
| Trans Fatty Acid | g | 0.1 | < 0.01 |
| Cholesterol | mg | 0.7 | 0.4 |
| Sodium | mg | 84 | 42 |
| Calcium | mg | 360 | 180 |
| Total Carbohydrates | g | 10 | 5 |
| Dietary Fibre | g | 0.0 | 0.0 |
| Sugars | g | 10 | 5 |
| Protein | g | 11 | 5.5 |
| | Calories | 2000 | 2500 |
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrates | | 300g | 375g |
| Dietary Fibre | | 25g | 30g |
| Calories per gram | Fat 9 | Carbs 4 | Protein 4 |

Ingredients

Treated Ultrafiltered Skim Milk.